



MAKING A MUD PAINTING

Mud painting is super easy and suitable for explorers of any age!

All you need is some mud or dirt, water, containers (such as jam jars, cups or tupperware) and some card or thick paper. (Thinner paper might tear from the water.)

If you like, you can tape the card to sturdier board or perhaps a wall, as the paper may move or warp during painting.

If you have access to different types of mud, experiment and see which has the best consistency, colour, etc.

Be careful to check for worms and insects and return them to the wild before starting!

Will you use utensils such as paintbrushes, or just your hands? Experiment – you might get different results!

For extra-colourful mud art, you could add food dye or powder paint to the mud

There's lots of really interesting articles online about the different techniques and types of mud art – spend some time learning more about this amazing form of expression.

And, of course, please ensure you supervise your adventurers at all times!